

DOC Swimming
Holiday “5 Splash” Classic
Saturday, December 10, 2011
Sanctioned by USA Swimming and Illinois Swimming Inc.
Sanction Number ILS1227-11

Meet Director

Brian Points
1511 N. Byerly Hills Dr.
E Peoria, IL 61611
Phone: (309) 208-7819
docscoach@yahoo.com

Entry Chair

Brian Points
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E Peoria, IL 61611
Phone: (309) 208-7819
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Meet Referee

Joe Lang
joe.a.lang@comcast.net

Safety Chairperson

Emily Points
epoints@ydocs.org

FORMAT: This will be a Saturday only meet. Timed final. Positive Check in.

Saturday ONLY -10 & Under, 11 & 12	8:00 AM Warm ups	9:00 AM Meet Start
8 & Under, Open	12:30 PM Warm ups	1:30 PM Meet Start

LOCATION: Five Points Community Center, 360 N. Wilmor Rd, Washington, IL 61571
www.fivepointswashington.org

FACILITY: The Five Points pool is a 25 yd., eight-lane pool with high starting blocks at the deep end. The start end is 12' deep and the turn end is 3 ½' deep with competitor brand non-turbulent lane lines. Colorado 5 & pads with one read out board. There is ample spectator seating.

STAGING: Limited space will be available for staging (team gathering areas) between events and for the entirety of the meet.

RULES/SAFETY: All USA and ISI Swimming rules and ISI Safety Rules will be strictly enforced.

“Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.”

ELIGIBILITY: All USA Swimming registered athletes are eligible. All swimmers must be registered prior to entry deadline. Entries listed as “Registration Applied For” will not be accepted. Registration forms can be obtained from the Illinois Swimming Office, 1400 E. Touhy Ave., Suite 245, Des Plaines, IL 60018, Phone 847-842-1596. A swimmer’s age as of December 10, 2011 will determine their age for the meet.

MEMBERSHIP: Insurance regulations require that all swimmers, coaches, judges, starters, and meet referees be a current member of USA Swimming. It is each club’s responsibility to register their swimmers, coaches, and officials. Swimmers, coaches and officials who are not current members of USA Swimming may not participate in the meet or be on deck.

COACHES: All coaches must be currently registered with USA Swimming and must continuously display their current USA Coach Member registration card at all times while on deck.

ENTRY DEADLINE: *Entries will not be accepted before NOON on November 11, 2011.* Entries shall NOT be considered received until delivered to the entry chairperson at the address shown in the meet information. No hand delivered entries will be accepted. Entries must be sent via nationally known courier. DO NOT send certified or registered mail. Please indicate that the package does not have to be signed for.

SEEDING: The conforming time standard for this meet is short course yards. Swimmers will be seeded and swim from slowest to fastest. All non-conforming times will be seeded last in rank order. Please give a time if at all possible so we book the meet appropriately. **A bullpen will be used for all 10 & Under events.** All other swimmers will be responsible for their lane assignments, which will be posted at specific locations around the swimming venue.

ENTRY LIMITATIONS: No deck entries will be permitted, except for corrections of mistakes made by the entry chairperson. A printed copy of each team's entry will be mailed back to them before the meet and it is your responsibility to make sure the entry is correct. **Swimmers may swim a maximum of 5 individual events.**

ENTRY FORMS: Meet entries should be submitted using Hy-Tek Team Manager for Windows on a 3-1/2" diskette. A hard copy of the entry showing team's name, meet name, swimmers current registration number, age, first and last name with middle initial must accompany the diskette. If Hy-Tek is not used the entries must be for teams of 3 or less swimmers. Do not submit entry cards.

ENTRY FEES:

Individual Events- \$3.00	Relays- \$7.00	ISI Surcharge- \$2.00 per swimmer
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ENTRY LIMIT/DEADLINE: **Friday, December 02, 2011- 6 pm is the last date the entry chairperson will accept entries.** Entries shall not be considered received until delivered to the entry chairperson at the address shown in the meet information. Entries will be accepted until the time limit, subject to ISI limitation, is met. No additional swimmers may be entered after the original team entry has been processed.

AWARDS: Awards will be given to all age groups participating in the meet for places: 1st – 12th. 1st – 3rd – will receive trophies, 4th – 12th will receive medals. Relay medal awards will be given for the top 3 finalists. Heat winner awards will be awarded to all heat winners. High Point awards will be given in each age group.

ADMISSION: Cost of admission is \$5.00. No charge for athletes or children under the age of three. A Psych Sheet covering the meet will be available for \$6.00.

CONCESSIONS: DOC Swim Team will be selling concessions.

RELAY ENTRIES: **All relay entries must be entered 30 minutes prior to end of that sessions warm up. Please submit these entries on time.**

A. WARM-UP PROCEDURES

- a. Lane assignments will be sent to all entered teams the Wednesday prior to the meet.
- b. Coaches are responsible for their team's swimmers in their assigned lanes during warm ups with regards to push pace, sprint, general warm up, and starts under directions of the Meet Referee and Safety Coordinator.

B. SAFETY GUIDELINES

1. Coaches Responsibilities

- a. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
- b. Coaches shall actively supervise their swimmers throughout the warm-up session at meets and all practices.

2. Host Team Responsibilities

a. Marshaling

- 1) A minimum of two (2) marshals, who report to and receive instructions from the Meet Referee, shall be on the deck during the warm-up session.
 - 2) Marshals shall be current members of USA Swimming.
 - 3) Marshals shall have the authority to remove from the deck, for the remainder of the warm-up session, any swimmer or coach who is in violation of safety or warm-up procedures.
- b. The host team shall provide signs for each lane at both ends of the pool, which indicate the designated use during warm-up.
 - c. Warm-up times and lane assignments shall be published in the meet information and posted at several locations around the pool area. The following statement shall appear in the information: "Illinois Swimming, Inc. Safety Guidelines and Warm-up Procedures will be in affect at this meet."
 - d. An announcer shall be on duty for the entire Warm-up session to announce lane and/or time changes and to assist with the conduct of the Warm-up.
 - e. Hazards in locker rooms, on the deck area or in areas used by coaches, swimmers, spectators, or officials shall be removed or clearly marked.

3. Miscellaneous:

- a. Backstrokes shall ensure that they are not starting at the same time as a swimmer on the blocks.
- b. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- c. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- d. Warm-up procedures shall be enforced for any breaks scheduled during the competition.
- e. The Referee may restrict use of bands, hand paddles, or fins during warm-up. The Referee shall have control over mitigation actions necessary to relieve situations deemed as dangerous or impairing the safety of other swimmers.

2010- EVENTS

GIRLS	EVENT	BOYS
AM SESSION		
1	10 & UNDER 100 IM	2
3	11 & 12 100 IM	4
5	10 & UNDER - 200 MEDLEY REL.	6
7	11 & 12 - 200 MEDLEY RELAY	8
9	10 & UNDER 50 FREE	10
11	11 & 12 50 FREE	12
13	10 & UNDER 50 BACK	14
15	11 & 12 50 BACK	16
17	10 & UNDER 50 BREAST	18
19	11 & 12 50 BREAST	20
21	10 & UNDER 50 FLY	22
23	11 & 12 50 FLY	24
25	10 & UNDER - 200 FREE RELAY	26
27	11 & 12 - 200 FREE RELAY	28
PM SESSION		
29	8 & UNDER 100 IM	30
31	OPEN 200 IM	32
33	8 & UNDER -100 MEDLEY REL.	34
35	OPEN- 200 MEDLEY RELAY	36
37	8 & UNDER 25 FREE	38
39	OPEN 100 FREE	40
41	8 & UNDER 25 BACK	42
43	OPEN 100 BACK	44
45	8 & UNDER 25 BREAST	46
47	OPEN 100 BREAST	48
49	8 & UNDER 25 FLY	50
51	OPEN 100 FLY	52
53	8 & UNDER - 100 FREE REL.	54
55	OPEN- 200 FREE RELAY	56

**Entry Summary Sheet
Holiday "5 Splash" Classic
10-Dec-11**

Complete this form and mail it along with your entry forms and check to:

C/O DOC Swimming, Brian Points,
1151 Byerly Hills Dr., E Peoria, IL 61611

Checks payable to: Developmental Organized Competitive Swimming (D.O.C.S.)

Summary of Fees

	Number of Entries	Cost Per Entry	Totals
8 & Under		\$3.00 per Entry	
10 & Under		\$3.00 per Entry	
11 - 12		\$3.00 per Entry	
13 & Over		\$3.00 per Entry	
Relays		\$7.00 per Relay	
Total Number of Swimmers (ISI surcharge)		\$2.00 per Swimmer	
		TOTAL FEES	

Name of Club: _____	Address: _____
Telephone Number: _____	Club ISI Code: _____

Name of Entry person: _____	Address: _____
Telephone Number: _____	Entry Chair E-Mail: _____

Coach Name: _____	E-mail: _____	Phone: _____
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*Head Parent Official: _____	E-Mail: _____	Phone: _____
*(Please give us the name of a parent official that our referees can contact regarding parent officials.)		

In consideration of the acceptance of this entry, I, intending to be legally bound on behalf of myself, my club, and participants in the meet from my club, hereby consign, waive, and release any and all rights and claims for damages which may occur against USA Swimming, Inc. Illinois Swimming, Inc., Five Points Community Center, Developmental Organized Competitive Swimming, their representatives, directors, officers, employees or successors, from any and all injuries suffered by me or any contestant or representative in said meet, as representative of my club. I further attest that all athletes included in this entry and participating in the sanctioned/approved event are duly registered as current athlete members of USA Swimming Inc.

Signed: (COACH, CLUB REP. OR PARENT)	Title	Date
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This signed release and your check must accompany entry or entry will not be accepted.

Entries must be received no later than NOON-Friday, December 02, 2011.

